

## HSE SCUBA Course Schedule

### *Week One*

	Classroom	Diving	Diving	Diving	Classroom
Hour	Day 1	Day 2	Day 3	Day 4	Day 5
08:30 – 10:00	Course Introduction	Pre Dive Procedures	Pre Dive Procedures	Diving Tended Diver & Rope Signals	Diving Equipment, Compressor User and Air Quality
10:00 – 11:00	Legal Duties and Frameworks Associated with Diving at Work	Dives 1 & 2	Dives 3, 4 & 5		
11:00 – 12:00				Dives 6, 7 & 8	
12:00 – 13:00	Lunch	Lunch	Lunch	Lunch	Lunch
13:00 – 14:00	Diving AcoPs	Dives 1 & 2	Dives 3, 4 & 5	Dives 6, 7 & 8 (Late Finish)	Decompression Tables
14:00 – 15:00					
15:00 – 16:00	Introduction to Full Face Masks and Communications				
16:00 – 17:00	Harnesses and Lifelines	Post Dive Procedures	Post Dive Procedures		
17:00 – 18:00					
18:00 – 19:00					

### HSE SCUBA Course Schedule

#### ***Week Two***

	Classroom	Classroom/Diving	Diving	Diving	Classroom
Hour	Day 1	Day 2	Day 3	Day 4	Day 5
08:30 – 10:00	Health & Safety	Chamber Operation and Procedures	Pre Dive Procedures	Pre Dive Procedures	Spare
10:00 – 11:00			Dives 10 & 11	Dives 12, 13, & 14	
11:00 – 12:00					
12:00 – 13:00	Lunch	Lunch	Lunch	Lunch	Lunch
13:00 – 14:00	First Aid & Diving Emergencies	Chamber Dive	Dives 10 & 11	Dives 12, 13, & 14	Theory Exams
14:00 – 15:00					
15:00 – 16:00					
16:00 – 17:00				Post Dive Procedures	Post Dive Procedures